Early to Rise Customer Support

Knowledgebase > Chef Gui Eat More Burn More > Which brand of whole grain flour would you recommend?

Which brand of whole grain flour would you recommend?

Kerri -- ETR Customer Support - 2020-02-20 - Chef Gui Eat More Burn More

In my opinion, the best for whole-grain products, including flour is "Bob's Red Mill". http://www.bobsredmill.com