## **Early to Rise Customer Support**

<u>Knowledgebase</u> > <u>Chef Gui Eat More Burn More</u> > <u>Which brand of whole grain flour would you recommend?</u>

## Which brand of whole grain flour would you recommend?

Kerri -- ETR Customer Support - 2020-02-20 - Chef Gui Eat More Burn More

In my opinion, the best for whole-grain products, including flour is "Bob's Red Mill".  $\underline{\text{http://www.bobsredmill.com}}$