

# Early to Rise Customer Support

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## When I try to download the video from the membership site it will only play the video

Stephanie H - 2020-02-20 - [Tech Questions](#)

Please try these steps:

1. Start streaming the video on the membership site.
2. Once the video starts playing, click on the pause button.
3. Once paused, right click on the video and click on "save link as". This should start the download.

Save link as

<http://screencast.com/t/Aipat6Dpq8d>