Early to Rise Customer Support

What is included with my 6 Minutes to Skinny DVD order?

Stephanie H - 2020-02-20 - 6 Minutes to Skinny

If you ordered the 6 Minutes to Skinny DVD, your order includes:

1) 4 Minute Metabolic Miracles DVD
2) 6 Minutes to Skinny booklet

You can also access PDFs and MP4 videos of the program on the members website.