

# Early to Rise Customer Support

Knowledgebase > 6 Minutes to Skinny > What is included with my 6 Minutes to Skinny DVD order?

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Honey - 2020-02-07 - 6 Minutes to Skinny

If you ordered the 6 Minutes to Skinny DVD, your order includes:

- 1) 4 Minute Metabolic Miracles DVD
- 2) 6 Minutes to Skinny booklet

You can also access PDFs and MP4 videos of the program on the members website.