

Early to Rise Customer Support

Knowledgebase > 6 Minutes to Skinny > Shakes > What if I am unable to finish the shake in an entire sitting?

What if I am unable to finish the shake in an entire sitting?

Stephanie H - 2020-02-20 - Shakes

If you can't finish the entire shake in one sitting, you can cut the ingredients by ½ or take it with you and continue to enjoy throughout the morning.