Early to Rise Customer Support

The Braised Chicken in Red Wine Sauce recipe has coconut flour listed as one of the ingredients. In the method it is not mentioned. I'm wondering if it is used with the salt and pepper to season the chicken? In other words, this is like a battered chicken

Kerri -- ETR Customer Support - 2020-02-20 - Chef Gui Eat More Burn More

Thank you for pointing out a misprint. Yes, coconut flour should be added and we have modified the recipe accordingly. You can find it here: http://www.earlytorise.com/my-1-winter-recipe-recipes/

I hope this helps.