Early to Rise Customer Support

Question about prefixing dressing. I made some and put in fridge; it ended up hardening and not looking very appetizing. Can you mix dressing up and leave it outside of the fridge and if so what would be the shelf life?

Kerri -- ETR Customer Support - 2020-02-20 - Chef Gui Eat More Burn More

Not to worry, this is normal. Olive Oil is a mono-unsaturated fat and will solidify at the temperature of your refrigerator. You can either leave your dressing outside the fridge, or put it in the fridge and take it out a few minutes prior to using it and shake it.