

## Early to Rise Customer Support

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**Question about prefixing dressing. I made some and put in fridge; it ended up hardening and not looking very appetizing. Can you mix dressing up and leave it outside of the fridge and if so what would be the shelf life?**

Kerri -- ETR Customer Support - 2020-02-20 - [Chef Gui Eat More Burn More](#)

Not to worry, this is normal. Olive Oil is a mono-unsaturated fat and will solidify at the temperature of your refrigerator. You can either leave your dressing outside the fridge, or put it in the fridge and take it out a few minutes prior to using it and shake it.