Early to Rise Customer Support

Nutrition Tip

Stephanie H - 2020-02-20 - Nutrition FAQs and Substitutions

All health begins in the gut. So does all weight-loss. A healthy balance is about 80% or better of good bacteria. (The scientific term for good bacteria is “Probiotics.”)

Unfortunately, this balance is easily disturbed. Stress, poor nutrition, illness and alcohol are just a few of the things that will throw off this delicate balance.

However, there is good news!

All you need to do to correct the balance is put more of the good bacteria in your belly. That’s why we recommend to take probiotics everyday.

Spring of Life offers a Premium Probiotic that’s so good, they even back it with a full 60-Day 100% money-back guarantee. If for any reason, any reason at all, you don’t like Premium Probiotics, you can send it back for a full refund (less shipping and handling, within 30 days). No hassles, no worries, no problems.