Early to Rise Customer Support

Is it possible to substitute Stevia drops for Truvia?

Imported User 9 - 2020-02-20 - Chef Gui Eat More Burn More

It is possible. Stevia drops however are much sweeter than Truvia, and do not provide the bulk. So that will upset the recipe.

As a general rule, substituting sweeteners 1-for-1 usually does NOT work well, unless it has been previously tested. And even so, success only happens through trial and error. I recommend treading lightly when substituting sweeteners.