## **Early to Rise Customer Support**

Knowledgebase > Chef Gui Eat More Burn More > I was wondering if you peel your turnips? If so, what about the wax that's on them?

I was wondering if you peel your turnips? If so, what about the wax that's on them?

Honey - 2020-02-06 - Chef Gui Eat More Burn More

I think rutabagas have wax on them, but not turnips. I may be wrong. I do peel rutabagas (not a soft-skin vegetable) but not turnips.

I hope this helps.