## **Early to Rise Customer Support**

Knowledgebase > Chef Gui Eat More Burn More > Aren't you concerned with pesticides on these veggies if you don't buy organic?

## Aren't you concerned with pesticides on these veggies if you don't buy organic?

Kerri -- ETR Customer Support - 2020-02-20 - Chef Gui Eat More Burn More

My wife and I buy organic as often as possible. If the fruits or vegetables are not organic, we try to offset the impact of pesticides by washing them thoroughly. I hope this helps.